



RBS Religious Association(R)

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Om Namō Narayanaya, Om Namō Bhagavathe Vasudevaya, Swamiye Saranam Ayyappa,
Sri Vishnu Sahasranama Japam from Saturday, 17th November 2018 to Tuesday, 15th January 2019

Blessed Self,

The sacred mandalam period starts on 17th November 2018 (Vrischika Sankramanam, Karthigai) and the holy period of Dhanur (Margazhi) continues till 14th January 2019 and the Uttarayana Punyakalam starts on 15th January 2019 (1st of Makaram, Thai). These two month periods from 17th November 2018 to 14th January 2019 is considered the most sacred and suitable time for everyone to spend as much time as possible in remembering the Lord by performing upasanas such as Satsangs, Meditations, Bhajans, Chantings, Nama Sankeerthanams etc. In Srimad Bhagavatham, Lord himself says - He is the month of "Dhanurmasam". As a devout upasaka, it is customary for us to chant Vishnu Sahasranamam during this period which is considered as the essence of Upanishads and glorifies the thousand names of Lord Maha Vishnu and other sacred chants of the Lord.

RBS Religious Association has been conducting Vishnu Sahasranamam programme for the past few years with favourable response from our members and donors. We will be conducting Vishnu Sahasranama Japam chanting this year also in deference to the wishes of many of our members and donors at their residences on Saturdays, Sundays and Public Holidays as per the calender given below. The programme starts at 6.30PM.

November 2018	December 2018	January 2019
17 th Sat, 18 th Sun, 24 th Sat, 25 th Sun.	1 st Sat, 2 nd Sun, 8 th Sat, 9 th Sun, 15 th Sat, 16 th Sun, 22 nd Sat, 23 rd Sun, 25 th Tue, 29 th Sat, 30 th Sun.	5 th Sat, 6 th Sun, 12 th Sat, 13 th Sun, 15 th Tue.(Makara Sankranthi).

The Complete event will consist of chanting of Sri Vishnu Sahasranamam, Sri Krishna Ashtothara Sathanama Sthothram, Sri Rama Ashtothara Sthothram, Sri Lakshmi Ashtothara Sathanama Sthothram, Sri Abadotherana Sthothram, Sri Guruvayurappa Pancharatna Sthothram, Sri Ayyappa Dhyana Sthothram, Sri Hanumath Sthothram, Sri Swasthi Manthram and Sri Mangala Sthothram. The entire programme will take about 1 hour and will conclude with Neivedhyam and Mangla Arathi.

The Managing Committee desires that the entire event is held in a simple manner with utmost devotion and attention to the spiritual aspects. The Prasadam may be a simple token item arranged by the host for neivedhyam and then distribution among participants.

Members desirous of conducting the Japam in their residences are requested to contact Sri. K G Krishnan at +919448280513 / +918023228507 between 10 am and 6 pm to give the date and contact address, phone number and e-mail id latest by 14th November 2018. Due to logistical reasons, the chanting will be arranged in member's and donor's residences located preferably in and around Basaweswaranagar, Rajajinagar and Vijayanagar areas.

LOKA SAMASTHA SUKHIHO BHAVANTHU.

4th October 2018.

The Managing Committee.

Please note: We have been receiving complaints from members and donors about non receipt of surface mail whether sent by book post or by ordinary post. In order to come out of this problem, we request you to send your name, membership number, latest e mail id and mobile number to sundaram59@gmail.com to enable us to update our records and start sending all future information by e mail. thanks.